

STRAWBERRY LEMONADE SOUR GUMMY WORMS

INGREDIENTS:

LorAnn Gummy Mix 3/4 tsp LorAnn Strawberry Super-Strength

¾ tsp LorAnn Lemon Oil Super-Strength
½ tsp LorAnn Tart and Sour
2-3 drops Red Liquid Gel Food Coloring
2-3 drops Yellow Liquid Gel Food Coloring
2 LorAnn Microwavable Squeeze Bottles
LorAnn Silicone Gummy Worm Molds (2, 2-Packs)
Coconut Oil



DIRECTIONS:

- 1. In a small bowl, add ³/₄ cup cold water. Sprinkle entire contents of gelatin packet over water. Using a fork, gently push gelatin into the water until completely saturated. Set aside for at least 4 minutes to allow gelatin to bloom.
- 2. In a medium saucepan, add ¼ cup hot water. Add contents of gummy mix packet and turn heat to medium-low or low. Heat at a low simmer, stirring frequently, until mixture is smooth, and no lumps remain. While mixture simmers, brush sides of pan with a wet pastry brush to dissolve any remaining sugar crystals.
- 3. Remove pan from heat. Once boiling action ceases, add bloomed gelatin and stir until completely dissolved. Rest for 5 minutes to allow foam to rise to the top. Use a large spoon to remove and discard foamy layer.
- 4. Separate mixture into 2 separate bowls. Stir in ³/₄ teaspoon <u>strawberry flavor</u> and ³/₄ teaspoon <u>lemon oil</u> <u>flavor</u>. Add ¹/₂ teaspoon <u>tart and sour</u> and 2-3 drops <u>red</u> and <u>yellow food coloring</u> to each bowl. Mix well and pour the lemon and strawberry mixtures into two separate <u>squeeze bottles</u>.
- 5. Using the **squeeze bottles**, fill the mold cavities and allow gummies to set at room temperature for about an hour or until firm. Remove gummies from molds. Allow candies to air-dry at room temperature for at least 6 hours.
- 6. Store gummies in an airtight container.

*Tip: To prevent the gummy worms from sticking while stored, coat container and worms lightly in coconut oil.

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